

The SafeCare Method

Overview of Effective Child Sexual Abuse Treatment & Support

Saturday 25 February 2023, 9.00am to 5.00pm
University Club of Western Australia

SafeCare presents a one-day seminar/webinar on its highly effective treatment and support program for people who have been impacted by child sexual abuse - those who have been harmed, those who have harmed, those who may harm - as well as support for families.

Presentations by SafeCare personnel will outline key elements of the organisation's treatment and support programs.

The seminar is aimed at practitioners and professionals who wish to deepen their understanding and involvement in this area of work.



BREAKING THE CYCLE OF CHILD SEXUAL ABUSE

SEMINAR TIMETABLE

8.30
Registration Open

9.00
**WELCOME &
ACKNOWLEDGEMENT OF COUNTRY**

Presenter
Jonathan Kester

9.10
SAFECARE HISTORY & BACKGROUND
Ethos and Group Dynamics, Criteria
for Inclusion in the Men's Group
Treatment Program

Presenter
Christabel Chamarette

9.50
INTRO MODULE
Disclosure, Denial, Minimising and
Justifying (DMJ) and the Finklehor
model

Presenter
Rick Underwood

10.30
Morning Tea

11.00
CHILDHOOD ISSUES MODULE
Healing of child sexual abuse and trauma as critical in
understanding later behaviours

Presenter
Christabel Chamarette

12.00
EMPATHY MODULE
Developing understanding of the harm
caused to children

Presenter
Janice Paige

1.00
Lunch

2.00
RELAPSE PREVENTION MODULE
Understanding the offending cycle and the development of
individual safety plans to reduce the risk of re-offending

Presenter
Rick Underwood

2.45
MEN'S FOLLOW-UP GROUP
History and format

Presenter
Diana Locke

3.15
Afternoon Tea

3.45
FAMILY SUPPORT
The Women's Group, Family Support and Monica's life story

Presenter
Monica Macoun

4.15
COMPLETING THE DAY
Questions and Answers,
Expressions of Interest, Evaluations

Presenter
Christabel Chamarette

5.00
Close

BIOGRAPHIES



Jonathan Kester, Deputy-Chair - SafeCare Incorporated

Jonathan has been a counsellor and psychotherapist for over twenty years. He has co-lead several therapeutic and follow-up programs for child pornography and other sex offenders and has been the convenor for the series of symposia on child sexual abuse prevention that have been held in Perth since March 2017. Jonathan has been instrumental in setting up Western Australia's professional training focusing on providing counsellors, psychotherapists and people working in other human resource fields with the skills needed to work specifically with sex offenders and their families based on the SafeCare Method.

Christabel Chamarette, SafeCare Clinical Director



Christabel is a registered Clinical Psychologist with over 50 years experience in the treatment of violence and sexual problems and adult victims of child sexual abuse. She was Clinical Director of SafeCare Incorporated between 1997-2009, an expert consultant to the Ministry of Justice and member of the WA Parole Board from 2002-2006 and a member of the WA Board of Professional Standards of the Anglican Church from 1997-2015. She is currently in private practice, a single expert witness appointed by the Family Court of Western Australia, and Postgraduate Psychiatry lecturer on child sexual abuse. Since 2010 she has co-facilitated a community-based treatment program for child sexual offending and internet pornography based on the SafeCare Method.

During 2013-2015 she worked as a psychological consultant to Yura Yungi Aboriginal Medical Service in Halls Creek and the Family Violence Prevention Unit at Marninwantikura Women's Resource Centre in Fitzroy Crossing and, until December 2022, continued working in Halls Creek and Balgo on a monthly basis in the Make A Change program. Christabel has been a presenter at the five Perth Child Sexual Abuse Prevention Symposia in 2017-2022. In September 2022, she was appointed to the Federal Attorney-General's National Strategy Government Advisory Group to the National Office for Child Safety. In 2023 Christabel recommenced working in her role as Clinical Director as part of the re-establishment of SafeCare Incorporated.



Janice Paige, B.Bus, B.Psych Hons, M.Psych (Counselling Psychology)

Janice Paige is a psychologist in private practice and since 1999 has been working with individuals who have issues related to child sexual abuse. For many years, she worked at SafeCare with Christabel Chamarette and, since 2009, when SafeCare closed, she has also co-facilitated a therapeutic programme focused on Child Sexual Abuse and Internet Offending based on the SafeCare Method. She was founding committee member of the APS Interest Group on Child Sexual Abuse and a co-founder of the WA network. Janice presented a paper at the Australian Childhood Foundation Trauma Conference in 2014 which was later selected for publication in a special issue of the Cambridge University Journal 'Children Australia'.



Rick Underwood, Psychologist

After a 20-year career in the Australian Navy, Rick went to university and obtained his degree in psychology. He started working in the prison system and stayed for 10 years, where he gained experience in treating depression, anxiety, trauma – both recent and from childhood – as well as assessing clients at risk of self-harm and contributing to their management plan. Rick has worked with a wide variety of clients including indigenous people, military veterans, police and first responders, and clients with mental health diagnosis such as schizophrenia and borderline personality disorder. In addition, Rick became a trained facilitator of therapeutic and psycho-educational group programs, including being an accredited facilitator of the Gatekeeper suicide awareness program.

He has worked with people who have had anger issues and those who have sexually offended and helped them with plans to keep themselves and others safe. For eight years Rick has been a facilitator of the Group Treatment Program for Child Sexual Abuse and Child Exploitation Material Offending based on the SafeCare Method.



BREAKING THE CYCLE OF CHILD SEXUAL ABUSE



Diana Locke, Master Social Work, BA Counselling, Grad. Cert. Mental Health, AASW

Diana has been working with parents and families in various settings since 1998. Diana coordinated a parenting home visiting service for a number of years, has worked as a Senior Therapist for a period of time and since 2008 has been working as a co-facilitator initially as part of the SafeCare's services and then within Christabel Chamarette's Child Sexual Abuse and Internet Offending Group Treatment program based on the SafeCare Method, as well as the Men's Follow Up group. Since 2014 Diana has also been working as an advocate for families who have found themselves having to navigate the children protection system.



Monica Macoun, B.A., Grad.Dip.B.Psych., M. Psych

Monica is a Counselling Psychologist with more than 25 years of experience in the field including specialist work in the area of trauma and sexual abuse; with victims as well as perpetrators and other family members. Monica has a Master of Psychology from Curtin University and completed a placement at SafeCare in 2005 where her interest in the area of sexual abuse work began. After that she worked for SafeCare in their Bunbury office and also in private practice. She has coordinated a counselling service for Road Trauma WA, been the clinical lead of psychology at Telethon Speech and Hearing and worked in both Government and non-Government settings. Monica has additional qualifications in clinical hypnosis, EMDR and trauma and grief counselling.

Currently, Monica works in her full-time private practice in South Perth which includes facilitating a treatment group for men who have offended sexually against children or accessed child exploitation material based on the SafeCare Method. She is National Convenor of the Australian Psychological Society's Child Sexual Abuse Special Interest Group, member of the SafeCare Incorporated's Training Committee and a Fellow of the Australian Psychological Society's College of Counselling Psychologists. Monica is also the author of a self-help book entitled *You, Me and a Cup of Tea – Breaking the Cycle of Child Sexual Abuse*.

More information contact SafeCare Incorporated

Website: safecare.org.au

Email: admin@safecare.org.au

Friday 9 June 2023 - University Club of WA

MANDATORY REPORTING IN AUSTRALIA

IMPLICATIONS FOR PRACTITIONERS

This one-day seminar/webinar is aimed at psychologists and other professionals who want to understand the full implications of mandatory reporting of child sexual abuse in Australia

Statutory Frameworks • Criminal Reporting Obligations
What is Child Sexual Abuse • Ethics of Reporting
Breaching the Therapeutic Contract

Early Bird Price - before 30 April 2023: \$165

• Standard Price: \$225



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BREAKING THE CYCLE OF CHILD SEXUAL ABUSE

Bookings & More Information:
safecare.org.au